

select simpler...

respect the body...



Be Choosy! News, Events and Tips

Family and Friends,

Prevention's *Picture of Health* adventure has **THREE** voting days left. Before it ends, I would like to share my gratitude for your support.

I would like to thank the **Campaign for Safe Cosmetics**, **InnerKiddies.com**, **FlyLady**, **EastCoastMusings.com**, the **Easton Journal**, and the **Brockton Enterprise** for your enthusiastic encouragement. I was tickled and honored each time my name appeared in your discussions! Thank you.

I would like to give a cyber bear hug to all the individuals who voted, voted often, shared with families, posted on Facebook, and forwarded to friends. Your testimonials were more powerful than any video I could have created. Thank you.

So, what does one hear when in a nation-wide America Votes contest? These three questions:

Did you meet *The Doctors*?

No. Only the selected winner travels to The Doctors taping in Los Angeles. However, if I have the chance to go, I am equally as excited to share the experience with my children, as I am to meet the Doctors. There are many life lessons my kids can observe being by my side.

Did you meet the other finalists?

Yes. I extended an offer to the group of finalists to have dinner before our makeover day. Throughout the photo shoot, we were able to giggle and encourage each other. They are genuine, positive, kind individuals.

Did you get to keep a dress?

I wore three dresses in the photo shoot and yes, I brought the bold blue dress home! Now I need an excuse to wear this \$300 Calvin Klein number.

I *am* very proud of myself. I have determinedly pushed myself into public scrutiny - even if it meant having my passions, lifestyle, and image judged by thousands - to possibly secure \$5,000.00 for the Breast Cancer Fund. Or, as my brother emotionally described my goal, "... **to ensure that no other daughter has to see their mother go through this again.**"

What happens now? Well, voting continues through **Thursday night**. **You can bet the other four finalists are doing what they can to boost their numbers.** The winner will be revealed on **April 29**, on the Doctors show, and he/she will appear in the June issue of Prevention magazine.

Thank you for playing!

Warmly,
Kristi Marsh